



KAMALA DEVI SOHANRAJ SINGHVI JAIN COLLEGE OF EDUCATION

(A Govt. approved Minority Institution run under the auspices of Shree S. S. Jain Sabha)

AFFILIATED TO : BABA SAHEB AMBEDKAR EDUCATION UNIVERSITY (Erstwhile WBUTTEPA)
& WEST BENGAL BOARD OF PRIMARY EDUCATION

Syllabus of add on course

1. Introduction:

- Integrating dance as an add on course enhances students skill sets, boosts physical fitness and provides stress relief.
- To build an engaging, structured curriculum incorporate a mix of progressive skill building flexible scheduling and performance opportunities.

2. Objectives:

Designing dance add on course for teachers requires actionable objectives.

- The primary goal should be to equip educators with practical movement skill, pedagogical tools and lesson planning strategies.
- The course should empower them to integrate safe, inclusive movement and rhythm into any classroom, enhancing student engagement and kinaesthetic learning.

3. Designing the Course:

- Foundation: Basic posture, rhythm, body alignment and beginner vocabulary.
- Technique and Isolation: Layering movement, footwork combined with arm and hip isolations.
- Expression and musicality: Learning short combinations and understanding beat, tempo and emotional expression.
- Choreography and presentation: Applying learned skills to a cohesive piece with tips and guidance on performance confidence.

4. Guidelines for conducting add on course:

- Add on course is not mandatory to qualify any program.
- It is a dance trainer assisted learning course open to all students without any additional fees.
- Classes for add on course will be conducted during the reserved time slot.
- Participants will be provided a certificate.

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27/06/26
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